

### Activity Report

<b>INSTITUTE</b>	<b>R.N. Kapoor Memorial Ayurvedic Medical College &amp; Hospital</b>		
<b>DEPARTMENT</b>	<b>DEPARTMENT OF AYURVEDA SAMHITA SIDDHANTA</b>		
<b>ACTIVITY TYPE</b>	<b>ESSAY COMPETITION ON 8<sup>th</sup> INTERNATIONAL YOGA DAY-2022</b>		
<b>DATE</b>	<b>17/06/2022</b>	<b>Duration</b>	<b>12:00 PM ONWARDS</b>
<b>YEAR/CLASS</b>	<b>First year BAMS</b>	<b>No. of Participants</b>	<b>44</b>
<b>FACULTY COORDINATOR</b>	<b>Dr. ANIRUDDHA PATHAK</b>		
<b>FACULTY CONTACT DETAILS</b>	<b>7486060683</b>		

#### Details about the activity:

Department of Ayurveda Samhita Siddhartha organised 'Essay COMPETITION ON 8<sup>TH</sup> INTERNATIONAL YOGA DAY-2022' Yoga for Humanity "on 17/06/2022 at A.P.J. Abdul Kalam UNIVERSITY, R.N.K.M.A.C & H." Under the banner of Azadi ka Amrit Mahotsav".

The competition was comprised of 1 round.

**Aim of organizing Competition:** To develop the skills of creative and critical thinking in students. To engage them in a systemic process of research appropriate to the subject.

The round was held on 17/06/2022 for students. This was a written round.

The Competition was held in R.N. Kapoor Memorial Ayurvedic Medical College & Hospital at I Block 2<sup>nd</sup> floor Lecture Hall.

Dr. Anirudha Pathak Assit. Professor, Dept. Ayurveda Samhita Siddhanta, Dr. Niraj Gole Assit. Professor, Rachana Sharir Dept., Dr. Anjana Pathak Assit. Professor, Dept. Ayurveda Samhita Siddhanta Dr. Meenal Khode Consultant, Dept. of Kaya Chikitsa, Dr. Ashish Choyal Consultant, and Dept. of Panchakarma was appointed as judge.

Winners of the competition are as follows:

1. Mr .Anurag Kaushik – 1<sup>st</sup> Prize
2. Ms .Komal Mahawar- 2<sup>nd</sup> Prize
3. Mr. Swastik Dubey – 3<sup>rd</sup> Prize

Dr. Anirudha Pathak Assistant Professor of the Dept. Ayurveda Samhita Siddhanta of had Co-ordinated the event successfully along with the collaboration of Dept of Ayurveda Samhita Siddhanta.

Dr. Manisha Dungav, Principal welcomed all the students and dignitaries of the University.

Invited guest Dr.Pro VC Rajeev Vishvakarma addressed and motivated the students. Winners of the competition received the certificate by the hands of invited guests of the University.

Event was concluded by the vote of thanks by Dr. Anirudha Pathak, Assistant Professor Dept. Of Ayurveda Samhita Siddhanta.

#### Outcome/Feedback

Overall response of competition was very good. The students were happy to participate in such innovative learning activities and looking forward for such programmes to be arranged in future.

Co-coordinator



Principal

Dr. Manisha Dunghav

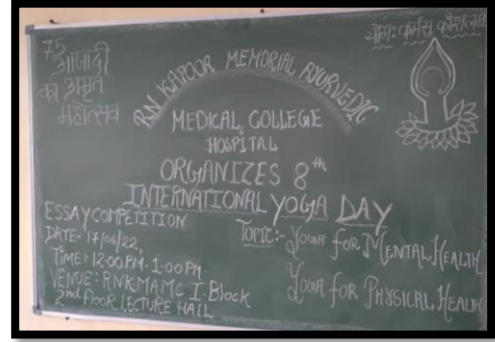


Dr. Aniruddha Pathak

Assistant Professor  
Dept.of Samhita Siddhanta

## GLIMPSES OF ESSAY COMPETITION

**1<sup>ST</sup> ROUND-** This round was carried out in the written form on 17/06/2022 by students at their respective classes of the Institutes.



**Co-coordinator**



**Principal**

**Dr. Manisha Dunghav**



**Dr. Aniruddha Pathak**

**Assistant Professor  
Dept. of Samhita Siddhanta**